The Pocahontas Times.

VOL XLIII) NO 8 — MARLINTON, POCAHONTAS COUNTY WEST VIRGINIA; OCTOBER 15 1925 — $1.00 A YEAR IN ADVANCE

WEST VIRGINIA BRIEFS

Morgantown—Local Boy Scouts will again act as ushers at all university football games here, it is announced by Harry Stansbury, director of athletics.

Morgantown—Local merchants have prepared resolutions to be sibmitted to Morgantown banks asking that those institutions be kept open on Saturday evenings.

Morgantown—A section of the brick wall of the Barbe-Davis building slid into an excavation adjoining the structure, where a store and apartment building was being erected.

Welch—R. B. Blevins of Dry Fork, has obtained in circuit court a verdict for $2,000 damages against J. H. Payne and Ed Franklin for illegal search of Mr. Blevins' home.

Richwood—J. A. White, 65, for 45 years a teacher in the public schools died at his home here of heart ailment. He was superintendent of schools in Nicholas county for two terms.

Benwood—The tube department of the Riverside mill here suspended operations for a period of two months. No reason for the shutdown was given in the official notices to the employes.

Wheeling—John E. Jones, a Kentucky state highway officer, while on his way here to visit his mother, captured an owl with a wing spread of three feet. It is now on exhibition here.

Princeton — Large flocks of wild geese sighted flying over these parts toward the south has been taken as a prophecy of early winter, and the natives are taking precautions accordingly.

Fairmont—John Kerns, aged 24 years, injured by being run down by an electric motor in the mines of the Virginia and Pittsburg Coal company, near here, died at the Fairmont state hospital.

Moundsville—Will S. Leach, defaulting cashier of the Bank of Benwood, began prison routine in the penitentiary here as the first step in serving the 10-year sentence imposed by Judge P. D. Morris of Marshal county, when Leach pleaded guilty.

Moundsville—James Powers, released from the penitetniary after completing a term, was rearrested as he came out of the prison by United States Deputy Marshal Edward Steinbecker. He is wanted in Norfolk, Va., for violation of the postal laws.

Huntington—Jordan Altizer, of Barboursville, was shot and painfully wounded while squirrel hunting near his home. The full charge of a shotgun entered the back of his head. He is believed to have been shot by another hunter who did not know Altizer was near.

Wheeling—The 1925 supreme convocation of the Knights of Malta will be held here. The Fort Henry commandery and lodges from surrounding towns will be hosts to the delegates, who, with visitors, are expected to number 6,000, as the supreme convocation covers the whole of the United States.

Clarksburg—An ordinance defining and regulating public dances "for the purpose of protecting the health, safety, decency, morality and good order of the city and its inhabitants," has passed the first reading in the city council and will come up for amendments at the next meeting of the city fathers.

Moundsville—Marion Williams, 27, farmer, of Board Tree, Marshall county, is in a critical condition at the Glendale hospital following the removal of his left leg which was shot riddled when Williams dropped his gun as he was climbing a fence. He suffered greatly from loss of blood while being driven 35 miles across country in an ambulance.

Bluefield—William Lowe and Mrs. Patsy Hess, aged 86 and 85 years, respectively, of Raven, Va., near here, were united in marriage. The aged couple have been residents of the community for a number of years and will continue to reside in that section. The bride is the mother of three children and the groom the father of two children by a former marriage.

Welch — Pitcher "Lefty" Thomas, who went from the Poca-Bramwell Indians of the Coalfield league to the Nashville club of the Southern league, has been sold to the Washington Senators for the reported price of $6,000. He was signed up by Scout Joe Engel after he hurled two five-hit games for the Nashville team. He will report to Washington next spring.

Martinsburg—The Rev. J. H. Brunk, D.D., this city, was re-elected superintendent of Virginia conference, United Brethren Church in Christ, at the annual meeting here. It will be his fourth consecutive year in that capacity.

Fairmont — Eight veniremen were disqualified to sit on the jury to try Cecil Shorter on the statutory charge preferred by a 14-year-old girl when the talesmen admitted they were opposed to capital punishment for such an offense.

DEATH OF MR. COCHRAN

Mr Thomas Miles Cochran, of Seventh Avenue, Hinton, died at his home, Friday evening at 5:30 o'clock, aged 64 years. Mr. Cochran was stricken with paralysis in the Y. M C A. at Clifton Forge on Oct. 24th, 1924. and was immediately taken to the Clifton Forge hospital. His condition then was regarded as very serious, but he was improved somewhat and was brought to his home here, but he still remained an invalid and was confined to his residence until the fatal stroke came at the time s ated

A native of Pocahontas county, Mr. Cochran came to Hinton about 35 years ago and was employed by the C. & O. R'y Co Up until his last illness he was a conductor for the company and was a faithful and competent man in the service. He was a member of the Methodist church of this city, and was regarded as a splendid citizen, a devoted and exemplary husband and father and besides his loved ones, leaves many friends who are grieved at his death.

Mr. Cochran is survived by his wife and daughter, Miss Della, and one brother, M. M. Cochran, of Clifton Forge, Va.

After funeral services from the Methodist church, Sunday at 11 o'clock, the remains were taken on No. 14 Sunday afternoon to Ronceverte and laid to rest in the cemetery there besides those of a daughter who had been called away in infancy. —The Hinton Herald.

Our darling baby, Sarah Jewell, little daughter of Mr. and Mrs. H M. Hannah, was born at Cloverlick, August 28, 1925, and died September 18, 1925, of cholora infantum. Her age was 21 days and 12 hours. She leaves to mourn her loss her father and mother and many friends and relatives All was done for her that loving hands could do, but God knew best—she was too bright a jewel to be left on earth. She was laid to rest in the home burying ground. Services were conducted by Rev. N. S. Hill. While we cannot take our darling little baby girl in our arms, we know that she has a happy home and most tender care.

A precious one from us is gone,
A voice we loved is still,
A place is vacant in our home
Which never can be filled.

H.

We wish to thank the good people of Marlinton, Elk and Cloverlick for their kindness and help to us during the sickness and death of our darling little baby girl. We especially thank you for the many beautiful flowers May God's richest blessing be with you all.

Mr. and Mrs. H. M. Hannah.

Record of attendance for the Cummings Creek school for the month ending Oct 9. Dennis Perry teacher, —Perfect Lee Symes, Leonard Edwards, Elizabeth McCombs, Mary Gaylor, Thomas Alderman, Nora and Edna Underwood and Edith Slayton Faithful, Neil, Summers, Carrie and Norman Alderman, Hoyle, Jewel, Hazel and Olive Underwood, Audry, Dolly and Remus Mullens, Joe Gaylor and Dolly McLaughlin.

Report of Woodrow graded school, first month, Primary room, Ruby Barlow teacher. Perfect attendance Laura Dulaney, Edith Galford, Hobert Friel, Sherman Friel, Jesse Jordan and Lee Sharp. Those missing only one day are: Albert Galford, Harrison Sharp and Mamie Sharp.

Advanced room, Beulah Palmer teacher, perfect attendance, Lottie Dulaney, Goldie, Edith and Sammie VanReenen, Goldie Galford and Hazel Sharp These missing only one day are: Hallie Kiner, Bertha VanReenen, Mary Burgess, Mary Arbogast.

Dear Uncle Joe:

In reply to your letter in The Times about our Sunday School. I am glad you had the true facts published about the number to attend our school. We have made a beginning again and hope to succeed in the future so you can see our banner wave in the parade at our county fair next year. We realize we have stood in darkness and neglected our duty to God and our fellowman. We enjoyed the Country Life Conference held at Wanless. It was great and meant much to us all. We are sorry the folks from the McLaughlin and Hevener neighborhood did not attend as it would have made a better standing for Back Alleghany. Hope they will attend next year as they are numbered with us.

Come again, Uncle Joe! You are welcome in our midst.

Plans for the program and entertainment of four to five thousand delegates to the convention of the West Virginia Educational Association to be held in Huntington November 5 to 7 were outlined last Friday morning by state officers and the Huntington executive council at the Hotel Prichard. At the meeting were W. C. Cock of Welch, president; W. W. Trent of Elkins, secretary; C. L. Bright, superintendent of Huntington schools and President M. P. Shawkey of Marshal College From present indications this year's meeting will be the largest ever held in the state.

We wish to extend thanks to the people of Cloverlick and Poage Lane for their help and kindness through the sickness and death of our daughter, Leolia Dilley.

U. S. Grimes and Family.

Health and Home

CARE OF CONVALESCENT IN SUMMER

For those who are just recovering from a serious illness the problem of food is a serious one. The patient, though well on the road to recovery, is usually weakened by the rigors of disease and the excessive heat is wont to sap his energy. Hence, the foods that are consumed during this period should be considered carefully as to digestibility, food value, ease of assimilation, purity and sterility. These are important in any food but especially so when the consumer is not strong and healthy.

In most cases, the one who is convalescing consumes milk in large quantities. This food contains all of the elements that are essential to the body. If milk is pure and germless, it is easily digested and assimilated.

Where the milk supply is uncertain or the quality not of the best, evaporated milk should be employed. It is sterile; it is just pure milk with about sixty per cent of the water removed. Its double richness may be modified, if desired, by the addition of water or it may be used just as it is, where rich, creamy dishes are desired.

Many people make the mistake of confusing evaporated milk with condensed milk. They are not at all similar in appearance, composition or taste. They cannot be used for the same purposes; condensed milk is a combination of sugar and milk; evaporated milk has no added sugar, being pure milk of double-rich quality and food value.

Following are recipes of easily prepared dishes and foods that are well suited for the invalid and the convalescent.

Loganberry Cream.

¾ cup evaporated milk — ½ cup loganberry juice
¼ cup water — 2 tbsp. lemon juice
Pinch salt

Put all ingredients in a Mason fruit jar and shake thoroughly. Chill and serve in glasses filled ¼ full of ice chips. Raspberry, blackberry, and cherry juice may be used instead of the loganberry.

Iced Cocoa.

3 tsp. cocoa
3 tsp. sugar — milk diluted with
¼ cup water
Pinch salt — ½ cup water
½ cup evaporated — ⅛ tsp. vanilla

Mix cocoa and sugar thoroughly and add the ¼ cup water and boil over a low flame for 15 minutes. Scald the diluted milk and add cocoa syrup and salt. Continue cooking for 15 minutes in double boiler. Add vanilla. Chill and serve with chipped ice. Top with whipped cream.

Watch Your Diet, Says Prima Donna

Cyrena Van Gordon, prima donna of the Chicago Opera company, believes in the flapper and her privileges. She believes in the practice of this much-discussed person in wearing no corsets, in wearing short skirts, going in for athletics and outdoor life and in thoroughly upsetting the theories and practices of her mother and grandmother. Miss Van Gordon, who is, in private life, Mrs. S. Bogart Munns, the wife of Doctor S. B. Munns, says that all of these things are woman's right and are necessary if a woman is anxious to keep her youth and beauty. But exercise is not the only thing that is necessary for the woman who is desirous of being attractive. She must watch her diet and be careful not to eat anything that will, in any way, be fattening.

Cyrena Van Gordon.

There are certain dishes to which Miss Van Gordon is partial and to which she gives the credit for the retention of her beauty. These dishes, she prefers to prepare herself and, when on tour with the Chicago Opera company, she carries a small electric stove in order that she will not be deprived of the food she deems necessary. These dishes are easily prepared.

Miss Van Gordon uses for

Celery and Cheese Casserole.

1 cup cheese — 1 tbsp. butter
2 cups chopped celery — 1 cup cooked spaghetti
½ cup evaporated milk — ½ cup buttered bread crumbs
½ cup water — ½ tsp. salt
2 tbsp. flour

She makes white sauce of milk, water, butter, flour, and salt, and mixes it with all ingredients except crumbs. She then places it in an oiled baking dish and covers with crumbs, baking in a moderate oven until brown.

Chicken a la King.

3 cups cold chicken, diced — 1 cup evaporated milk
3 tbsp. butter — ¼ lb. mushrooms
3 tbsp. flour — 1 cup chicken broth
½ green pepper, shredded — 1 egg yolk
½ pimento, shredded — Salt and pepper

Cook the peppers (also mushrooms, if they are used) in the butter for 15 minutes, keeping them covered while cooking slowly. Add the flour and seasonings, also the milk and broth. Stir to a smooth sauce. Put chicken in sauce to heat, and just before serving, stir in beaten egg yolk. Cook in double boiler to prevent curdling.

POCAHONTAS COUNTY TEACHERS

ANNA M. WALLACE, SUPT.
MARLINTON, W. VA.

EDRAY DISTRICT

Winters Hill.....Buckeye
Goldie McNeill.....
Edna McNeill.....
Florence M. Smith.....
J. W. G. Smith.....Marlinton
Alice Friel.....
Elsie Adkison.....
Beulah Moore.....
Elizabeth Hill.....
Helen Byers.....
Delpha Snedegar.....
Jewell Warwick.....
Glenna McElwee.....
Elizabeth McNeill.....
A. G. McLaughlin.....
Pauline Smith.....
Blanche Patterson.....
Olita M. Gay.....Edray
Edna C. Knapper, col.....Marlinton
Malcoma E. Brady col.....
Anne Correll.....
Lucille Gibson.....
Ottie Lang.....
Catherine Clark.....
Chas. J. Sharp.....
Clyde V. Grimes.....
N. R. Fertig.....
Nellie E. Hefner.....Onoto
Beulah Palmer.....Woodrow
Ruby Barlow.....
Zell Poage.....Edray
Vesta Sharp.....
Virginia Gay.....
Ward Sharp.....Marlinton
Ida Susan Brown.....
Jake McClure.....
Lottie E. Wallace.....Stony Bottom
Eula Hill.....
Graham H. LaRue.....Clover Lick
Ruby Lindsay.....
Maude Barnes.....
Grace Shears.....Edray
Ila East.....
Mydra McElwain.....
Pauline Guyer.....Slaty Fork
Lila Orndoff.....Linwood
Ruth Kramer.....Mace
O B. Beale.....Brady
Juanita Shinaberry.....Clover Lick
Ethel Hannah.....

High School Teachers

G. D. McNeill.....Marlinton
Boyd Travis.....
Mary Eskridge.....
Priscilla Collins.....
Virginia Ault.....
Evalyn Lazenby.....
Mrs. Esther W. Green.....
Mildred Yeager.....
Eric S. Clutter.....

HUNTERSVILLE DISTRICT

Mrs. Sidney Wilson..Minnehaha Spr.
Mamie White.....
John Mann.....Huntersville
Helen McElwee.....
Mrs. G. M. Sharp.....
Nelle P. Siple.....
Dennis Perry.....
A. C. Harford.....
Anna Lee Irvine.....
Lucille Beard.....
Lillie Thomas.....
Hazel Beverage.....
Enid Harper.....
Opal Gum.....Marlinton
Mrs. Agatha Barlow.....Onoto
Walter Hively.....Dunmore
B. F. E Wooddell.....
Laura Pyles.....Minnehaha Springs
Dewey Burr....Neola or Burr W. Va
Mrs. Mamie Jordan.....Huntersville
Ernest E. White....Minnehaha Sprs

LITTLE LEVELS DISTRICT

D. E. Gilmore.....Hillsboro
Mrs. Dakota Nottingham.....
Motie Kidd.....
Dice Smith.....
Mayo Beard.....
Mrs Rella F. Yeager.....
H. E. Steel.....
Opal Hull.....Lobelia
A. W. Hill.....
P. F. Cutlip.....Spice
Clarence William.....
Ovid Curry.....
Ruth Curry.....Jacox
Opal Cooke.....Lobelia
Opal Rodgers.....Hillsboro
Nannie Beard.....
Mrs. Ruth Spencer.....
Ruth Cunningham.....Watoga
Mrs. Verdie B. Mann.....Hillsboro
Guy Bambrick.....
Clarice Kennison.....Beard
Mrs. Nora McNeel.....
W. E. Hayes.....Locust
Ollie Burr.....
E. W. Burr.....Burr
Mrs. Dennie Callison.....Beard
W. A. Bolen, col.....Hillsboro
Mrs. Nancy Woods, col.....Watoga

GREENBANK DISTRICT

J. K. Arbogast.....Greenbank
Flossie Conrad.....Arbovale
Eula Warwick.....Greenbank
Mrs. Rachel Wooddell.....
Mrs. Sylvia T. Gum.....Dunmore
Mack Brooks.....
Mrs. Mack Brooks.....
Leta McLaughlin.....
Lyle McLaughlin.....Raywood
Mrs. Lyle McLaughlin.....
Lynn Kerr.....
Clara Warwick.....Cass
Leila Tolliver col.....
Thomas Reed.....
Estes Crist.....
Fannie Stewart.....
Rachel Sheets.....
Margie Bennett.....
Thelma Conrad.....
Lucy Ayres.....
Florence Pence.....
Virginia Jordan.....
Beulah Brill.....
Ruby Bailey.....
Mona Colaw.....
Effie Moore.....Nottingham
Mary Moore.....
Mrs. G. C. Hamilton.....
Martha Ritz.....
Violet Nottingham.....Durbin
C. E. Flynn.....
Mrs. E. L. Fenton.....
Leone Oliver.....
Margaret LaRue.....
Pearl Carter.....
Helen Burner.....
Maude Burner.....Bartow
Georgiana Hill col.....Durbin
Delbert Gillispie.....Bartow
Marvin Wenger.....
Charles Spencer.....Thornwood
Delbert Arbogast.....
Mrs. Stella Conrad.....
S m Spencer.....Bartow
K. R. Wilmoth.....
Cordie Wilfong.....
Flora Phillips.....Arbovale
Vada L. Gum.....Greenbank
J. Mc Sutton.....

Hazel Tracy.....Arbovale
Will Nottingham.....Boyer
Colleen Siple.....Cass
Edgar Shinaberry.....Boyer
Lucille Friel.....
Clara Sheets.....Dunmore
Linnie Thompson Woods.....Cass
Hildred Waugh.....Spruce

High School

T. P. Harwood — Greenbank
Rev. L S Shires
F. W. Hedgrick
Mrs. Neal Nottingham — Boyer
Virginia D Moomau — Greenbank
Mary H. Moomau
Belvie Bush
Stacy

Jamestown, Pa, October 3 —We West Virginians had our second annual picnic near Hartstown today and had a very enjoyable day and a dinner that reminded the writer of many such dinners on Top of Alleghany, Liberty Church, Arbovale, and Wesley Chapel We would have been glad to have seen more West Virginia friends present. Those Loring Nottingham and family (there were only eleven of Mr. Nottingham's children and two daughters in-law and two grandchildren present) Howard Cooper and family, formerly of Elkins; W. A. Phillips, A. B. Sutton and family, Wilford Sutton and family. Joe Kerr and family, Mrs L H. Ervin and part of family, Mrs Byrd Berg and daugnter of Sharon, Pa, and little Miss Mudedge, a visitor. The committee feels that it should apologize to the West Virginia folks for not advertising this picnic in The Pocahontas Times and will promise not to make the same mistake next year as there were some that did not hear of it in time to make preparation to come. So please do not take offense.

Willis Phillips and family and Mrs W. A. Phillips of Conneat Lake, contemplate a visit to West Virginia in the near future.

J. H. Hollin is building an addition to his house. Forest Thompson is the carpenter.

W. F. Ervin is building a kitchen for Oren Dickey.

Most farmers are done cutting corn and some are husking; the corn crop was good here this year. Also a good crop of oats, buckwheat and potatoes; wheat not so good but fair; short crop of fruit in some places and plentiful in others.

Wages are good, but the Bessimer railroad has laid off a good many men this fall, and work is not so plentiful as it was.

Best wishes to all our West Virginia friends. L.

Jimmy Lee, little son of Mr. and Mrs. Isaac Withers, died October 1, 1925, aged one year, 10 months and seven days.

This lovely bud so young and fair,
Called home by early doom,
Just came to show how sweet a flower
In paradise would bloom.

We loved thee, darling Jimmy,
But Jesus loved thee best,
And lo! he spoke the gentle words,
Come unto me and rest.

Never will we cease to love thee,
Never shall our memories fade,
Sweetest thoughts forever linger
Around the grave where thou art laid. J. F.

Mrs. Leolia Grimes Dilley, daughter of U. S. and Ida B Grimes, was born August 14, 1898, died September 21, 1925, aged 27 years, 1 month and seven days. She leaves to mourn their loss her husband, five children; her father and mother, two brothers and two sisters

Dearest daughter, thou hast left us,
Here thy loss we deeply feel;
But 'tis God who hath bereft us,
He will all our sorrows heal.

Yet again we hope to meet thee,
When the trials of life are o'er,
Then in heaven with joy to greet thee
Where farewell tears are shed no more.

Mother.

Report of Dunmore school, first month, Mack Brooks, teacher. Those neither absent nor tardy—Naydne Lightner, Martha Galford, Gladys Taylor, Betty Taylor, Gladys McLaughlin, Frances Pritchard, Geraldine Galford, Beatrice Carpenter, Gustave Lightner, Arlie Carpenter, Stephen Pritchard, Walter Smith, Primary room, Mrs. Mack Brooks, teacher.—Jessie Lee Noel, Arline Hill, Eufama Carpenter, Lucile McLaughlin, Virginia McLaughlin, Rachel Noel, Virginia Campbell, Lee Noel, Eldon Campbell, Everette McLaughlin, Pershing Arbogast, Carlon Carpenter, Chad Pritchard, Oatha Carpenter.

Report of Moore school, first monrh Lucille Beard, teacher. Perfect attendance,—Bly Dever, Tally Newman, Virginia Newman, Doris Moore Donald Newman, Price Moore, Lloyd Shinaberry, Carroll Newman. Faithful attendance: Ruth Dever, Margel and Junior Watson.

Mrs James Campbell, of Dunmore, was the week end guest of Mrs W. H. Cackley last week. She was enroute to Huntington to see her daughter, who is in the Children's hospital there —Mrs. H. M. Noel of Pocahontas county, is visiting her son, Byron Noel, and family, at York, Pennsylvania.

Ward Harper and sister, Miss Enid, accompanied by Mrs. J. A. Cleek, of Knapps Creek, Pocahontas county, spent Sunday with friends at Warm Springs and with Mrs. Cleek's daughter. Mrs Herbert Criser, of Hot Springs.— Bath Enterprise.

THE BLUES of the W. C. T. U. Contest will meet at the Presbyterian Manse on Friday night, October 16, at eight o'clock Important meeting. All should attend.

CERTIFICATE OF TITLE LAW

The whole object of the new automobile certificate of title law is the protection of the public, it was declared by Charles E Hiner' member of the state road commission in charge of the automobile bureau, in a recent letter to the editor of the Wheeling Register which was in reply to an editorial in the Wheeling newspaper criticising the new law. The letter was as follows in full.

"1 That the new title registration law will cause an additional expense to owners of motor vehicles.

"2—That this law brings to the state road commission an additional $250,000 a year

"3—You question whether title registration makes automobile thefts more difficult.

"We request space in your paper to make the following reply:

"1—The cost of a title registration is one dollar, and this certificate is good for the life of the car, or until it is transferred from one owner to another.

"The enactment of title registration laws in many other states has been followed by a reduction of approximately one-half in the cost of automobile theft insurance. Thus the title certificate, which costs one dollar for as many years as the owner keeps his car, saves him several dollars every year.

"1—The receipts from title registrations for the first year may reach $250,000 00, out of which must come the cost of equipment, printing, clerical work, etc. After the first year, the number of title registrations will be the number of new cars purchased plus the number of transfers, and the total receipts will not greatly exceed the expense.

"Any criminal who wishes to do so may steal an automobile with this law in effect just the same as before, but he will find it a matter of extreme difficulty to dispose of the stolen car in this state or any other state with a title registration law That title registration laws are effective is amply proved by the reduction in the cost of theft insurance cited above,

"Under the title registration law, the state road commission sends descriptions of stolen cars to all other states, which makes the path of the thief more difficult.

"The whole object of the title registration law is the protection of the public. There have been hundreds of cases in West Virginia in which stolen cars have been bought and sold by used car dealers. There have been hundreds of other cases in which cars with heavy liens attached have been bought by used car dealers and sold to innocent purchasers who had no knowledge of any such liens, and who were later confronted with the alternative of paying the liens or giving up the cars and losing what they had paid.

"Title registration laws have the endorsement of automobile clubs throughout the country."

Administrator's Notice

All persons having claims against the estate of the late Mrs. Martha J. Collins are notified to present the properly proven at once to the undersigned administrator. Any one knowing himself indebted to said estate will please settle.

This 8th day of October, 1925.

Ira T. Hannah, Adm'r,
Estate of Mrs. Martha J. Collins, deceased.

4wk — Marlinton, W. Va.

STOCKHOLDERS MEETING

There will be a meeting of the stockholders of the Clover Lick and Durbin Mutual Telephone Company held at Cass. W. Va., on Saturday, October 31, 1925, beginning at ten o'clock, a m. Business of importance must be transacted. Every stockholder is requested to be present

This 8th day of October, 1925.

C. L. SWINK, Acting Pres.

EXECUTOR'S NOTICE

All persons having accounts against the estate of the late Agnes M. Rose, are hereby notified to present their accounts proven according to law to the undersigned executor at his office at Bartow, W. Va. All persons owing said estate will please prepare to settle at once.

This 8th day of October, 1925.

B. B. BEARD, Executor
Estate of Agnes M. Rose, deceased

ESTRAY NOTICE

There are two buck sheep at my place near Thorny Creek. Owner can have same by proving them and paying for advertising and damage

L. M. Waugh.

adv $1 — Marlinton, W. Va

Report of the Condition of

THE BANK OF MARLINTON

Located at Marlinton, in the state of West Virginia at the close of business September 28, 1925.

RESOURCES	DOLLARS
Loans and discounts	785 273 86
Overdrafts, secured and unsecured	1 535 00
Stocks and Municipal bonds	28 500 00
Banking House	28 740 23
Furniture and fixtures	6 732 99
Other Real Estate Owned	9 064 19
Due from Banks	98 577 62
Checks and cash items	1 021 57
Lawful money reserve in tank	26 337 16
Total	985 782 62

LIABILITIES	DOLLARS
Capital Stock paid in	100 000 00
Surplus fund	43 000 00
Undivided profit net	11 070 69
Reserve for interest, taxes and depreciation	2 687 82
DEPOSITS VIZ:	
Subject to check	455 468 06
Time certificates	71 353 39
Deposits Savings	287 584 54
Certified checks	14 512 52
Cashiers checks	98 83
Bills payable	6 77
Total	985 782 62

State of West Virginia, County of Pocahontas

I, Hubert Echols, Cashier of the above named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.

Hubert Echols, Cashier

Subscribed and sworn to before me this 7th day of Oct. 1925.

A. H. McFerrin, Notary Public
My commission expires Dec. 18, 1929.

C. J. Richardson
F. R. Hunter
Andrew Price
Directors

Health and Home

FEEDING BABY DURING SUMMER

Milk is recognized as the ideal food for young children. It should be carefully guarded during the warm summer months, to insure its freedom from germs or bacteria that might cause harm to the child. Because of its nature, it is, under certain conditions, a breeding and propagating ground for germ life and may soon become unfit for use unless it is handled with the utmost care and vigilance. Perhaps the ideal way to obviate this risk is through the use of evaporated milk. This milk is only pure milk with sixty per cent of the water removed from it and is absolutely sterile. It is of double richness but may be modified by the addition of water, which will return it to its original volume with a greatly enhanced food value.

Evaporated milk is sterilized and has a high nutritive content. This causes it to be a very excellent food for the young child and the infant. In fact, many of the leading pediatricians of the country advocate its use after the child is deprived of its mother's milk. A formula, evolved by these pediatricians, through experimentation, is as follows:

From Sixth Week to Third Month.

Milk, evaporated ..... 6 ounces
Lime water ..... 8 ounces
Milk sugar ..... 2 ounces
Boiled water ..... 26 ounces

Seven feedings in twenty-four hours; 4 to 5 ounces at three-hour intervals during the day and four-hour intervals at night.

From Third Month to Fifth Month.

Milk, evaporated ..... 7½ ounces
Lime water ..... 3 ounces
Milk sugar ..... 2 ounces
Boiled water ..... 29½ ounces

Six feedings in twenty-four hours; 5 to 6 ounces at three-hour intervals during the day and a feeding at 10 p. m.

From Fifth to Seventh Month.

Milk evaporated ..... 10 ounces
Lime water ..... 3 ounces
Milk sugar ..... 2 ounces
Boiled water ..... 29 ounces

Five feedings in twenty-four hours; 6 to 7 ounces at four-hour intervals, the last feeding to be given at 10 p. m.

From Seventh to Ninth Month.

Milk, evaporated ..... 11 ounces
Lime water ..... 3 ounces
Milk sugar ..... 2 ounces
Boiled water ..... 35 ounces

7 to 9 ounces at four-hour intervals during the day. Last feeding at ten at night.

From Ninth to Twelfth Month.

Milk, evaporated ..... 12 ounces
Lime water ..... 3 ounces
Milk sugar ..... 2 ounces
Barley water ..... 34 ounces

8 to 9 ounces at four-hour intervals during day. Last feeding at ten at night.